

Call preparation worksheet

Call preparation

Court or official contact: _____

Phone or secure contact method: _____

Attorney or legal resource: _____

Date or deadline to clarify: _____

Questions to resolve

1. _____

2. _____

3. _____

After the conversation

Person spoken with: _____

Date: _____

Next step: _____

Follow-up contact: _____

Protect private information

Ask for a secure way to share court or clinical records. Keep detailed personal information in your own secure records rather than a public website message.

Source and more information

[Mass.gov Section 35 process and criteria](#)

Source checked September 15, 2026. Contact the relevant organization to confirm current service details.

For immediate danger, call 911. For emotional crisis support, call or text 988. For Massachusetts care navigation, call or text 833-773-2445.