

Local support contact list

Keep these contacts nearby

911: immediate danger or medical emergency.

988: call or text for emotional crisis support.

833-773-2445: Massachusetts Behavioral Health Help Line.

(617) 991-3664: Brave Path Recovery outpatient questions.

Your own care contacts

Primary care provider: _____

Therapist or treatment team: _____

Prescriber: _____

Trusted support person: _____

Next appointment: _____

Source and more information

Massachusetts Behavioral Health Help Line

Source checked September 15, 2026. Contact the relevant organization to confirm current service details.

For immediate danger, call 911. For emotional crisis support, call or text 988. For Massachusetts care navigation, call or text 833-773-2445.