

Therapy and court terms

Therapy and counseling

Often used to describe care with a mental health professional. Ask which service is specified and whether the provider must meet particular requirements.

Treatment

A broader term that can include several kinds of clinical care. Clarify the exact service required.

Evaluation

An assessment. Ask who may perform it and what report is needed.

Classes or education

May differ from clinical therapy. Ask whether a particular approved program is required.

Attendance or progress information

Documentation about participation or care. Ask what information is needed, who receives it, and what consent applies.

Source and more information

Massachusetts court information

Source checked September 15, 2026. Contact the relevant organization to confirm current service details.

For immediate danger, call 911. For emotional crisis support, call or text 988. For Massachusetts care navigation, call or text 833-773-2445.